



Saint Josemaria Escriva

Founder of Opus Dei

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Children's prayers

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When Josemaría was very little, his parents and grandparents taught him short, simple prayers to say during the day. Saint Josemaria never forgot them. He went on saying them for the rest of his life.

By saying these prayers, he learned to talk to Jesus, Mary and his Guardian Angel, simply, and from his heart. Here is a short collection of prayers for children, downloadable in [pdf](#) or [epub](#) format.